

Providing excellent community and primary care in partnership with others

P-RESET – Primary Care Substance Misuse Service



Primary Care Substance Misuse Service

The P-RESET service aims to improve the quality of life, health, and wellbeing of vulnerable residents in Tower Hamlets who present with drug and alcohol issues.

The Primary Care Drug and Alcohol Service is commissioned to provide shared care Opioid Substitute Prescribing within General Practice, in partnership with Reset Treatment Service, Alcohol Identification and Brief Advice (IBA) and provide primary care focused Specialist Substance Misuse Annual Health Check and Plan.

This will provide clients with holistic clinical care in collaboration with Reset Tower Hamlets Drug and Alcohol Service and help support health as an aspect of recovery.

Population served

The service supports all patients aged 18 and over who are currently registered with practices and receiving treatment for their substance misuse at the Reset Tower Hamlets Drug and Alcohol Service.

Whole Population Alcohol Screening – over 18's.

Annual Health Check and Plan - Patients in treatment at RESET, for opiates, crack cocaine and structured alcohol treatment.

Shared Care – patients receiving opiate substitution therapy in practices and registered at RESET.

How do we support primary care?

We work directly with our partners in primary care to be aware of and assess problematic substance use, including alcohol related problems, offer harm reduction advice and further referral. We promote our interventions, train and support teams to deliver them.

Measures of success: key highlights from the service in 2022/23

76% of eligible patients who have had Substance Misuse Annual Health Check and Individual Health Plan initiated(started). The target was 75%

63% of patient cohort eligible for the Substance Misuse Annual Health Check that receive a BMI (W/H2) reading. The target was 56%

85% of females in patient cohort receiving the Substance Misuse Annual Health Check receiving cervical cytology screening at national screening intervals. The target was 80%.

62,698 = Number of practice population aged 18 or over who have been screened for AUDIT-C in 2022/23. The target was 50,000.

What do our residents/clinicians say?

“For years I looked after a patient who was in the GP shared care programme on methadone for her heroin addiction. She had many complex physical and mental health issues, and I remember it took some time to build that relationship. However, providing continuity of care, getting to know her well as her GP allowed me to support her over the years, including with new and chronic health problems. She was always so grateful. These relationships are invaluable, and we thank GPs for all their hard and vital work.”

What makes the service great?

There is a long-standing history of shared care opioid substitution treatment (OST) in Tower Hamlets. The service has trained more than 150+ clinicians locally in the borough in both the national recognised certified RCGP Drug and Alcohol Part 1 course. We believe it is the first borough in the UK that funds this health promotion intervention with annual health checks.

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