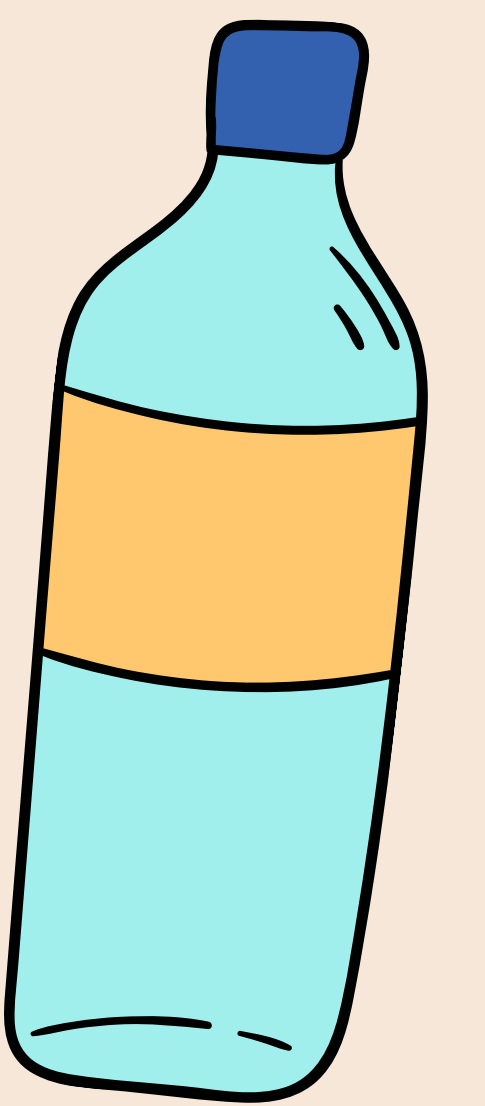
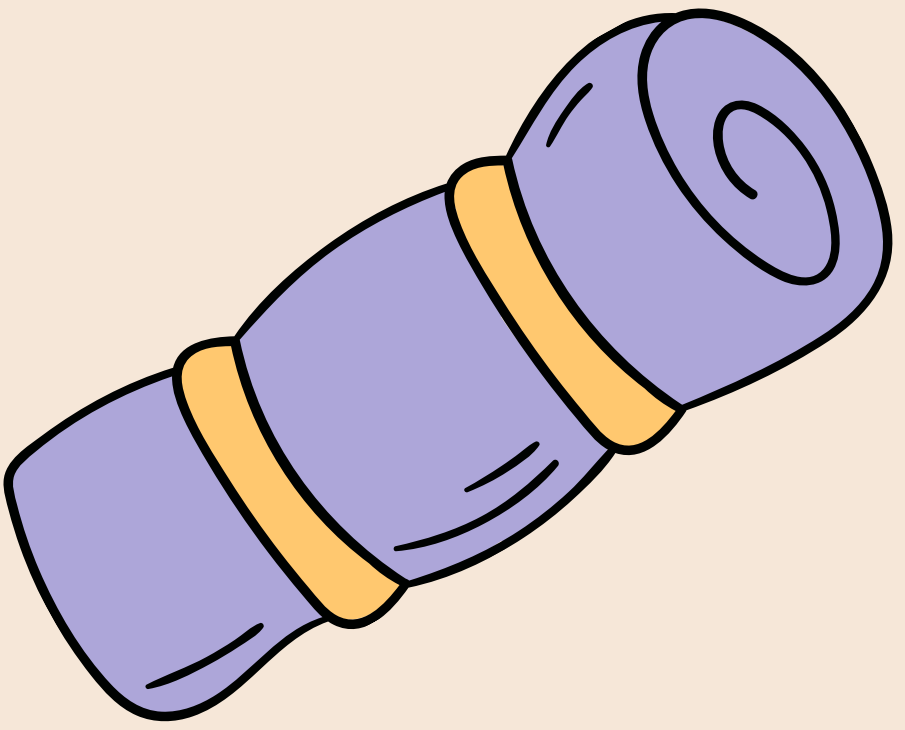




DR B'S EXERCISE CLUB

Get fitter, stronger and healthier



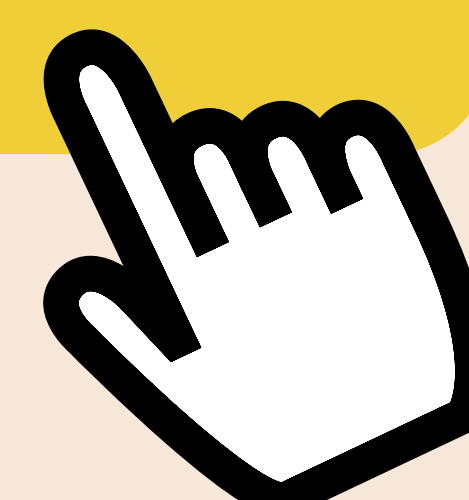
A fun, full-body workout with a combination of cardio, resistance and weight training. All abilities welcome!

Cyprus Street Community Centre
7 Cyprus St, Bethnal Green, E2 0PE
Weekly sessions commencing 13th August 2024
18:00-19:00hrs



Book your place via the link or scan the QR code

REGISTER NOW



Session funded. But valued at £10 PP

Limited number of places for residents in North East London funded by Tower Hamlets GP Care Group CIC.